### Policy Document Information

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<th>Policy Name</th>
<th>Sun Smart Policy and Procedure</th>
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<tbody>
<tr>
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<td>Acknowledgement</td>
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<td>Other Policy Relationships</td>
<td>- Student Well-Being Policy</td>
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<td>Relevant Audience</td>
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### Key Dates

<table>
<thead>
<tr>
<th>Date of issue/last revision</th>
<th>September 2011</th>
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<tr>
<td>Date submitted to Board of Directors</td>
<td>September 2011</td>
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All policy, protocols and procedures flow from the St Andrews Christian College Mission Statement:

“To educate the next generation so that they are well skilled, understand life on the basis of biblical truth, and are motivated to walk with God and serve Him in their lives so that they will bring a highly skilled and powerfully positive Christian influence in tomorrow’s community.”

**Rationale**

Too much exposure to ultraviolet (UV) radiation from the sun can cause skin damage and increase the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of developing skin cancer. Australia has the highest rate of skin cancer in the world. Skin cancers account for 81% of all new cancers diagnosed in Australia each year. Melanoma is the most diagnosed cancer for 15 – 44 year olds.

**Objectives**

The goals of this Policy are to:

- increase student and community awareness about skin cancer and sun protection
- encourage the entire College community to use a combination of sun protection measures all year round
- work towards a safe College environment that provides shade for students, staff and the College community
- assist students to be responsible for their own sun protection
- ensure that families and new staff are informed of the College’s Sunsmart Policy.

**Implementation**

All students and staff will use a combination of sun protection measures throughout the day to ensure they are well protected. Particular care will be taken between 10 am and 3 pm when UV levels reach their peak.

The Sun Protection Policy is considered when planning all outdoor events e.g. assemblies, camps, excursions and sporting events. Where possible, we have outdoor activities or events earlier in the morning or later in the afternoon, or we try using indoor venues.

**Shade**

The College will aim to provide shade/shelter in the College grounds, where students congregate eg, lunch area, outdoor lesson areas and popular play areas.

- In consultation with the College Board, shade provision will be considered in plans for future buildings and grounds.
- The availability of shade will be considered when planning excursions and outdoor activities.
- Students are encouraged to use available areas of shade when outside. Students who do not have appropriate hats or outdoor clothing are directed to stay in the shade.
**Clothing**

Sun protective clothing is included in our College uniform/dress code and sports uniform. Rash vests or t-shirts for outdoor swimming are recommended.

**Hats**

Students are also required to wear hats - broad-brimmed hats in the primary, and for secondary students, either the baseball hats or broad-brimmed hats (preferred) whenever they are outside. The wearing of hats will be compulsory for all students in school terms 1 and 4, and on any other days designated by the College.

**Sunglasses [Recommended]**

Students and staff are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible for outdoor activities.

**Sunscreen**

SPF 30+ broad spectrum, water resistant sunscreen will be available for staff and students’ use. Sunscreen should be applied at least 20 minutes before going outdoors and reapplied every two hours if outside for long periods.

**Role Modelling**

Staff are to act as role models by:

- wearing sun protective hats, clothing and sunglasses outside
- applying SPF 30+ broad spectrum, water resistant sunscreen
- seeking shade whenever possible.

Families and visitors will be encouraged to use a combination of sun protection measures (sun protective clothing and hats, sunglasses and sunscreen) when participating in and attending outdoor College activities.