

*Sun Smart Policy
and Procedures*



ST ANDREWS
CHRISTIAN COLLEGE

INSPIRED BY
FAITH

DISTINGUISHED BY
CHARACTER

LEADERS BY
INFLUENCE



Sun Smart Policy and Procedures

PREAMBLE

All policy, protocols and procedures flow from the St Andrews Christian College Mission Statement:

“To educate our students so that they are well skilled, understand life on the basis of biblical truth, and are motivated to walk with God and serve Him in their lives, so that they will be a positive Christian influence in the world.”

POLICY DOCUMENT INFORMATION

TITLE:	Sun Smart Policy and Procedures
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ACKNOWLEDGEMENTS:	Ballarat Christian College
PURPOSE:	To provide policy and direction for all the College Community.
RELATED DOCUMENTS:	OH&S Policy Student Wellbeing Policy

KEY DATES

ISSUE DATE:	November 2020
REVIEW DATE:	2023

1. RATIONALE

Too much exposure to ultraviolet (UV) radiation from the sun can cause skin damage and increase the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of developing skin cancer. Australia has the highest rate of skin cancer in the world. Skin cancers account for 81% of all new cancers diagnosed in Australia each year. Melanoma is the most diagnosed cancer for 15 – 44 year olds.

2. OBJECTIVES

The goals of this Policy are to:

- Increase student and community awareness about skin cancer and sun protection.
- Encourage the entire College community to use a combination of sun protection measures all year round.
- Work towards a safe College environment that provides shade for students, staff and the College community.
- Assist students to be responsible for their own sun protection.
- Ensure that families and new staff are informed of the College's *Sun Smart Policy and Procedure*.

3. IMPLEMENTATION

All students and staff will use a combination of sun protection measures throughout the day to ensure they are well protected. Particular care will be taken between 10am and 3pm when UV levels reach their peak.

The *Sun Smart Policy and Procedure* is considered when planning all outdoor events (e.g. assemblies, camps, excursions and sporting events). Where possible, outdoor activities or events should be scheduled earlier in the morning or later in the afternoon, or indoor venues are used wherever possible.

3.1 Shade

- The College will aim to provide / work toward increasing the number of shade / shelter / trees in the College grounds, where students congregate (e.g. lunch area, outdoor lesson areas and popular play areas).
- In consultation with the College Board, shade provision will be considered in plans for future buildings and grounds.
- The availability of shade will be considered when planning excursions and outdoor activities.
- Students are encouraged to use available areas of shade when outside. Students who do not have appropriate hats or outdoor clothing are directed to stay in the shade. Sunbaking is not permissible at school.

3.2 Clothing

Sun protective clothing is included in our College uniform/dress code and sports uniform. Rash vests or t-shirts for outdoor swimming are recommended.

3.3 Hats

Students are also required to wear hats - slouch hats in the Junior School, and for Middle and Senior Schools, either the baseball hats or slouch hats (preferred) whenever they are outside. The wearing of hats will be compulsory for all students in school terms 1 and 4, and on any other days designated by the College.

3.4 Sunglasses

Students and staff are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible for outdoor activities.

3.5 Sunscreen

SPF 30+ broad spectrum, water resistant sunscreen will be available for staff and students' use. Teachers will encourage students to apply sunscreen before going outdoors. Sunscreen should be applied at least 20 minutes before going outdoors and reapplied every two hours if outside for long periods.

3.6 Curriculum

The school will incorporate programs into the school curriculum on the benefits of Sun Smart protective behaviour and the increased risk to personal health through exposure.

4. ROLE MODELLING

Staff are to act as role models by:

- Wearing sun protective hats, clothing and sunglasses outside.
- Applying SPF 30+ broad spectrum, water resistant sunscreen.
- Seeking shade whenever possible.

Families and visitors will be encouraged to use a combination of sun protection measures (sun protective clothing and hats, sunglasses and sunscreen) when participating in and attending outdoor College activities.